Route	Pos	Act. Type	Activities/Activiti	+/-Duration	Departure	Arrival	No civic	Segment name	Mode	POC	PDR cum	Items cum	Wt no NM	Cum. Wt no NM	Wt+ NM 1/3	Cum. Wt + NM 1/3	Cum. Wt NM 1/3	Cum. Wt NM	Total Cum. Wt	Accomm	Violation
019_AM	1	SFT/ISP	Safety Check / Inspectio	5.00	9:35:00 AM	9:30:00 AM															
019_AM	2	OBT	Obtain Vehicle / Obteni	1.53	9:36:32 AM	9:35:00 AM															
019_AM	3	LOADCHAR	Load / Chargement	13.42	9:49:57 AM	9:36:32 AM															
019_AM	4	AM_CONT	AM Contract oblig / Ob	7.78	9:57:44 AM	9:49:57 AM															
019_AM	5	SCAN/BAL	SLB-CMB Scanning / Bal	0.79	9:58:31 AM	9:57:44 AM															
019_AM	6	BREAK		10.00	10:08:31 AM	9:58:31 AM															
019_AM	7	Total Int/Inté.	Sort	8.41	10:16:56 AM	10:08:31 AM															
019_AM	8	Travel Out 103	From 10195: KITCHENE	8.04	10:24:59 AM	10:16:56 AM															
019_AM	9	CODE	N2L2R5	11.59	10:36:34 AM	10:24:59 AM	50 - 50	WESTMOUNT RD N	Vehic	28	28	362.13	1082	1082	1550	1550	468	1404	2486	0	
019_AM	10	Deadhead	From N2L2R5 CODE // 2	1.36	10:37:56 AM	10:36:34 AM															
019_AM	11	CODE	N2L1W2	10.54	10:48:28 AM	10:37:56 AM	272 - 272	ERB ST W	Vehic	99	127	43.46	1505	2587	3117	4667	2080	6240	8827	0	
019_AM	12	Deadhead	From N2L1W2 CODE //	0.14	10:48:36 AM	10:48:28 AM															
019_AM	13	CODE	N2L0K9	7.56	10:56:10 AM	10:48:36 AM	312 - 312	ERB ST W	Vehic	93	220	59.34	1803	4390	1803	6470	2080	6240	10630	0	
019_AM	14	Deadhead	From N2L0K9 CODE // C	2.03	10:58:12 AM	10:56:10 AM															
019_AM	15	STP/ARR	Stop / Arrêt	2.51	11:00:42 AM	10:58:12 AM															
019_AM	16	CODE	N2L1W7	1.18	11:01:53 AM	11:00:42 AM	375 - 399	ERB ST W	Foot	6	6	61.50	125	125	212	212	87	261	386	0	
019_AM	17	CODE	N2L1W7	4.36	11:06:15 AM	11:01:53 AM	375 - 399	ERB ST W	Foot	20	26	69.47	463	588	783	995	407	1221	1809	0	
019_AM	18	CODE	N2L1W7	1.43	11:07:41 AM	11:06:15 AM	375 - 399	ERB ST W	Foot	6	32	72.08	152	740	256	1251	511	1533	2273	0	
019_AM	19	CODE	N2L1W7	4.11	11:11:47 AM	11:07:41 AM	375 - 399	ERB ST W	Foot	19	51	79.59	436	1176	737	1988	812	2436	3612	0	
019_AM	20	CODE	N2L1W7	7.91	11:19:42 AM	11:11:47 AM	401 - 415	ERB ST W	Foot	36	87	94.06	840	2016	1420	3408	1392	4176	6192	0	
019_AM	21	CODE	N2L1W7	0.27	11:19:58 AM	11:19:42 AM	413 - 413	ERB ST W	Foot	1	88	94.55	29	2045	48	3456	1411	4233	6278	0	
019_AM	22	CODE	N2L1W7	0.92	11:20:53 AM	11:19:58 AM	401 - 415	ERB ST W	Foot	4	92	96.23	98	2143	165	3621	1478	4434	6577	0	
019_AM	23	Deadhead	From N2L1W7 CODE //	4.84	11:25:43 AM	11:20:53 AM															
019_AM	24	RETVEH	Return to vehicle / Retour au véhicule		11:25:43 AM	11:25:43 AM															
019_AM	25	Deadhead	From RETVEH in 019_Al	1.50	11:27:13 AM	11:25:43 AM															
019_AM	26	STP/ARR	Stop / Arrêt	2.51	11:29:44 AM	11:27:13 AM															
019_AM	27	CODE	N2L2N3	1.89	11:31:37 AM	11:29:44 AM	71 - 71	ROOSEVELT AVE	Foot	2	2	98.02	104	104	123	123	19	57	161	0	
019_AM	28	CODE	N2L2N3	2.33	11:33:57 AM	11:31:37 AM	63 - 53	ROOSEVELT AVE	Foot	2	4	100.22	127	231	151	274	43	129	360	0	
019_AM	29	CODE	N2L2N8	2.81	11:36:46 AM	11:33:57 AM	385 - 397	ARDEN PL	Foot	4	8	108.70	493	724	556	830	106	318	1042	0	
019_AM	30	CODE	N2L2N7	3.22	11:39:59 AM	11:36:46 AM	394 - 382	ARDEN PL	Foot	4	12	113.46	277	1001	361	1191	190	570	1571	0	
019_AM	31	CODE	N2L2N2	6.68	11:46:40 AM	11:39:59 AM	41 - 13	ROOSEVELT AVE	Foot	10	22	121.86	488	1489	657	1848	359	1077	2566	0	
019_AM	32	CODE	N2L2N1	6.88	11:53:33 AM	11:46:40 AM	8 - 42	ROOSEVELT AVE	Foot	12	34	133.38	669	2158	796	2644	486	1458	3616	0	
019_AM	33	CODE	N2L2N9	3.10	11:56:39 AM	11:53:33 AM	368 - 352	CAMBRIA PL	Foot	4	38	138.31	287	2445	350	2994	549	1647	4092	0	
019_AM	34	CODE	N2L2P1	3.29	11:59:56 AM	11:56:39 AM	353 - 365	CAMBRIA PL	Foot	5	43	144.21	342	2787	427	3421	634	1902	4689	0	
019_AM	35	CODE	N2L2N4	2.31	12:02:15 PM	11:59:56 AM	60 - 64	ROOSEVELT AVE	Foot	2	45	146.02	106	2893	127	3548	655	1965	4858	0	
019_AM	36	CODE	N2L2P2	2.45	12:04:41 PM	12:02:15 PM	366 - 360	REDWOOD PL	Foot	3	48	149.14	181	3074	244	3792	718	2154	5228	0	
019_AM	37	CODE	N2L2P3	3.38	12:08:04 PM	12:04:41 PM	361 - 373	REDWOOD PL	Foot	5	53	159.96	629	3703	735	4527	824	2472	6175	0	
019_AM	38	CODE	N2L2N5	2.05	12:10:07 PM	12:08:04 PM	76 - 78	ROOSEVELT AVE	Foot	2	55	162.05	122	3825	144	4671	846	2538	6363	0	
019_AM	39	LOOPBRK	Loop Break	0.59	12:10:42 PM	12:10:07 PM															
019_AM	40	CODE	N2L2N5	3.63	12:14:20 PM	12:10:42 PM	84 - 100	ROOSEVELT AVE	Foot	4	4	165.76	215	215	256	256	41	123	338	0	
019_AM	41	CODE	N2L2P6	3.99	12:18:20 PM	12:14:20 PM	386 - 364	WARRINGTON DR	Foot	5	9	170.70	275	490	344	600	110	330	820	0	
019_AM	42	CODE	N2L2P7	3.42	12:21:45 PM	12:18:20 PM	373 - 387	WARRINGTON DR	Foot	5	14	176.81	341	831	419	1019	188	564	1395	0	
019_AM	43	CODE	N2L2P7	7.05	12:28:47 PM	12:21:45 PM	391 - 417	WARRINGTON DR	Foot	11	25	189.40	702	1533	864	1883	350	1050	2583	0	
019_AM	44	CODE	N2L2P8	7.16	12:35:57 PM	12:28:47 PM	416 - 398	WARRINGTON DR	Foot	10	35	198.84	526	2059	664	2547	488	1464	3523	0	
019_AM	45	CODE	N2L2N6	3.97	12:39:56 PM	12:35:57 PM	101 - 85	ROOSEVELT AVE	Foot	5	40	206.98	473	2532	557	3104	572	1716	4248	0	
019_AM	46	CODE	N2L2P5	2.73	12:42:39 PM	12:39:56 PM	75 - 65	NORWOOD CRES	Foot	4	44	211.74	277	2809	340	3444	635	1905	4714	0	
019_AM	47	CODE	N2L2P4	2.71	12:45:22 PM	12:42:39 PM	64 - 76	NORWOOD CRES	Foot	4	48	216.33	267	3076	351	3795	719	2157	5233	0	
019_AM	48	RETVEH	Return to vehicle / Retour au véhicule		12:45:22 PM	12:45:22 PM															
019_AM	49	Deadhead	From RETVEH in 019_Al	2.58	12:47:57 PM	12:45:22 PM															
019_AM	50	STP/ARR	Stop / Arrêt	2.51	12:50:27 PM	12:47:57 PM															
019_AM	51	CODE	N2L2P9	12.14	1:02:35 PM	12:50:27 PM	40 - 100	RIDGEVIEW CRES	Foot	30	30	247.93	1837	1837	2385	2385	548	1644	3481	0	
019_AM	52	CODE	N2L2R1	10.48	1:13:04 PM	1:02:35 PM	101 - 41	RIDGEVIEW CRES	Foot	18	48	268.79	1213	3050	1466	3851	801	2403	5453	0	
019_AM	53	CODE	N2L4Y7	3.15	1:16:13 PM	1:13:04 PM	52 - 64	THORNDALE DR	Foot	6	54	274.85	352	3402	416	4267	865	2595	5997	0	
019_AM	54	CODE	N2L5E4	1.08	1:17:18 PM	1:16:13 PM	68 - 68	THORNDALE DR	Foot	1	55	275.63	45	3447	66	4333	886	2658	6105	0	
019_AM	55	CODE	N2L5H6	1.27	1:18:34 PM	1:17:18 PM	69 - 67	THORNDALE DR	Foot	3	58	278.99	196	3643	250	4583	940	2820	6463	0	
019_AM	56	CODE	N2L5H6	3.00	1:21:34 PM	1:18:34 PM	63 - 49	THORNDALE DR	Foot	6	64	286.91	460	4103	587	5170	1067	3201	7304	0	
019_AM	57	LOOPBRK	Loop Break	0.59	1:22:09 PM	1:21:34 PM															
019_AM	58	CODE	N2L5H6	1.94	1:24:05 PM	1:22:09 PM	47 - 35	THORNDALE DR	Foot	4	4	292.02	297	297	380	380	83	249	546	0	
019_AM	59	CODE	N2L5H6	1.73	1:25:49 PM	1:24:05 PM	33 - 25	THORNDALE DR	Foot	4	8	296.58	265	562	338	718	156	468	1030	0	
019_AM	60	CODE	N2L6C9	0.72	1:26:32 PM	1:25:49 PM	-	WESTRIDGE DR	Foot	1	9	297.50	53	615	70	788	173	519	1134	0	
019_AM	61	CODE	N2L6C9	1.12	1:27:39 PM	1:26:32 PM	419 - 421	WESTRIDGE DR	Foot	1	10	298.92	83	698	108	896	198	594	1292	0	
019_AM	62	CODE	N2L6B8	1.51	1:29:10 PM	1:27:39 PM	26 - 42	FISCHER HALLMAN RD S	Foot	2	12	301.86	171	869	213	1109	240	720	1589	0	
019_AM	63	Deadhead	From N2L6B8 CODE // 8	1.90	1:31:04 PM	1:29:10 PM															
019_AM	64	CODE	N2L5X9	1.74	1:32:48 PM	1:31:04 PM	101 - 109	WESTRIDGE PL	Foot	5	17	306.79	287	1156	361	1470	314	942	2098	0	
019_AM	65	CODE	N2L5X9	1.74	1:34:33 PM	1:32:48 PM	108 - 102	WESTRIDGE PL	Foot	4	21	311.73	287	1443	360	1830	387	1161	2604	0	
019_AM	66	CODE	N2L6C3	0.71	1:35:16 PM	1:34:33 PM	-	WESTRIDGE DR	Foot	1	22	312.42	40	1483	40	1870	387	1161	2644	0	
019_AM	67	CODE	N2L6C3	0.64	1:35:54 PM	1:35:16 PM	416 - 416	WESTRIDGE DR	Foot	0	22	313.03	35	1518	35	1905	387	1161	2679	0	
019_AM	68	CODE	N2L5Y1	10.01	1:45:54 PM	1:35:54 PM	353 - 411	WESTRIDGE DR	Foot	27	49	344.19	1810	3328	2290	4195	867	2601	5929	0	
019_AM	69	CODE	N2L5Y3	8.08	1:53:59 PM	1:45:54 PM	408 - 350	WESTRIDGE DR	Foot	14	63	359.00	860	4188	1135	5330	1142	3426	7614	0	
019_AM	70	CODE	N2L5Y1	1.01	1:54:59 PM	1:53:59 PM	413 - 415	WESTRIDGE DR	Foot	3	66	362.13	182	4370	230	5560	1190	3570	7940	0	
019_AM	71	Deadhead	From N2L5Y1 CODE // 5	2.20	1:57:11 PM	1:54:59 PM															
019_AM	72	RETVEH	Return to vehicle / Retour au véhicule		1:57:11 PM	1:57:11 PM															
019_AM	73	MOR/RECI	Meal on rte/Repas en c	1.50	1:58:41 PM	1:57:11 PM															
019_AM	74	DOWR/TPI	Duties own route/Trava	27.45	2:26:08 PM	1:58:41 PM															
019_AM	75	ACCOM	Delivery Accomm. / Acc	0.00	2:26:08 PM	2:26:08 PM															

Route	Pos	Act. Type	Activities/Activit	+/-Duration	Departure	Arrival	No civic	Segment name	Mode	POC	PDR cum	Items cum	Wt no NM	Cum. Wt no NM	Wt+ NM 1/3	Cum. Wt + NM 1/3	Cum. Wt NM 1/3	Cum. Wt NM	Total Cum. Wt	Accomm	Violation
019_PM	1	LUNCH	Lunch / Diner	30.00	2:56:08 PM	2:26:08 PM															
019_PM	2	MOR/RECI	Meal on rte/Repas en c	1.50	2:57:38 PM	2:56:08 PM															
019_PM	3	PM_CONT	PM Contract oblig / Obl	0.57	2:58:12 PM	2:57:38 PM															
019_PM	4	BREAK		10.00	3:08:12 PM	2:58:12 PM															
019_PM	5	Transp. Out	From Right: THORNDAL	0.15	3:08:21 PM	3:08:12 PM															
019_PM	6	STP/ARR	Stop / Arrêt	0.97	3:09:19 PM	3:08:21 PM															
019_PM	7	CODE	N2L5Y8	2.51	3:11:50 PM	3:09:19 PM	100 - 110	THORNDALE PL	Foot	6	6	6.32	368	368	452	452	84	252	620	0	
019_PM	8	CODE	N2L5Y8	2.51	3:14:20 PM	3:11:50 PM	111 - 101	THORNDALE PL	Foot	6	12	12.64	367	735	451	903	168	504	1239	0	
019_PM	9	RETVEH	Return to vehicle / Retour au véhicule		3:14:20 PM	3:14:20 PM															
019_PM	10	Deadhead	From RETVEH in 019_PI	1.79	3:16:08 PM	3:14:20 PM															
019_PM	11	SLB/BLP	SLB/BLP: CULPEPPER - E	1.46	3:17:35 PM	3:16:08 PM	18 - 18	CULPEPPER DR			0	12.64		0		0	0	0	0	0	Lateness not permitted !>
019_PM	12	Deadhead	From 389390_0830 SLE	0.99	3:18:35 PM	3:17:35 PM															
019_PM	13	CODE	N2L1W5	16.16	3:34:45 PM	3:18:35 PM	285 - 285	ERB ST W	Vehic	101	101	53.33	2270	2270	3950	3950	1680	5040	7310	0	
019_PM	14	Deadhead	From N2L1W5 CODE //	5.49	3:40:14 PM	3:34:45 PM															
019_PM	15	STP/ARR	Stop / Arrêt	2.51	3:42:45 PM	3:40:14 PM															
019_PM	16	CODE	N2L5X6	0.31	3:43:04 PM	3:42:45 PM	453 - 467	BELGREEN WAY	Foot	1	1	54.14	45	45	57	57	12	36	81	0	
019_PM	17	CODE	N2L5X6	3.28	3:46:20 PM	3:43:04 PM	453 - 467	BELGREEN WAY	Foot	7	8	62.59	472	517	597	654	137	411	928	0	
019_PM	18	CODE	N2L5X5	2.68	3:49:01 PM	3:46:20 PM	468 - 456	BELGREEN WAY	Foot	6	14	69.66	394	911	475	1129	218	654	1565	0	
019_PM	19	CODE	N2L5X5	0.26	3:49:16 PM	3:49:01 PM	454 - 440	BELGREEN WAY	Foot	0	14	70.33	38	949	45	1174	225	675	1624	0	
019_PM	20	CODE	N2L5X5	2.78	3:52:03 PM	3:49:16 PM	454 - 440	BELGREEN WAY	Foot	6	20	77.66	408	1357	492	1666	309	927	2284	0	
019_PM	21	CODE	N2L5X8	1.12	3:53:10 PM	3:52:03 PM	104 - 106	WOODINGTON PL	Foot	3	23	82.07	247	1604	281	1947	343	1029	2633	0	
019_PM	22	CODE	N2L5X8	1.12	3:54:17 PM	3:53:10 PM	107 - 103	WOODINGTON PL	Foot	2	25	86.49	246	1850	280	2227	377	1131	2981	0	
019_PM	23	CODE	N2L5Z2	6.94	4:01:13 PM	3:54:17 PM	436 - 410	BELGREEN WAY	Foot	14	39	100.95	806	2656	978	3205	549	1647	4303	0	
019_PM	24	CODE	N2L5Z1	1.64	4:02:52 PM	4:01:13 PM	103 - 109	GARDEN TREE CRT	Foot	4	43	105.58	259	2915	284	3489	574	1722	4637	0	
019_PM	25	CODE	N2L5Z1	1.64	4:04:30 PM	4:02:52 PM	110 - 102	GARDEN TREE CRT	Foot	4	47	110.22	258	3173	284	3773	600	1800	4973	0	
019_PM	26	Deadhead	From N2L5Z1 CODE // S	5.17	4:09:40 PM	4:04:30 PM															
019_PM	27	RETVEH	Return to vehicle / Retour au véhicule		4:09:40 PM	4:09:40 PM															
019_PM	28	Deadhead	From RETVEH in 019_PI	1.32	4:11:00 PM	4:09:40 PM															
019_PM	29	STP/ARR	Stop / Arrêt	2.51	4:13:30 PM	4:11:00 PM															
019_PM	30	CODE	N2L6B2	1.48	4:14:59 PM	4:13:30 PM	104 - 112	STONEHAVEN DR	Foot	4	4	113.71	195	195	253	253	58	174	369	0	
019_PM	31	CODE	N2L6B2	8.03	4:23:00 PM	4:14:59 PM	114 - 148	STONEHAVEN DR	Foot	19	23	132.65	1056	1251	1375	1628	377	1131	2382	0	
019_PM	32	CODE	N2L6A9	2.19	4:25:12 PM	4:23:00 PM	104 - 112	CRAIGSTON PL	Foot	5	28	137.85	290	1541	367	1995	454	1362	2903	0	
019_PM	33	CODE	N2L6A9	2.19	4:27:23 PM	4:25:12 PM	111 - 103	CRAIGSTON PL	Foot	5	33	143.04	289	1830	367	2362	532	1596	3426	0	
019_PM	34	CODE	N2L6C5	1.46	4:28:50 PM	4:27:23 PM	150 - 156	STONEHAVEN DR	Foot	3	36	145.93	161	1991	213	2575	584	1752	3743	0	
019_PM	35	CODE	N2L6C5	2.90	4:31:44 PM	4:28:50 PM	158 - 170	STONEHAVEN DR	Foot	7	43	151.70	322	2313	424	2999	686	2058	4371	0	
019_PM	36	CODE	N2L6B1	3.82	4:35:34 PM	4:31:44 PM	171 - 179	SILVERCREST DR	Foot	8	51	158.51	380	2693	514	3513	820	2460	5153	0	
019_PM	37	CODE	N2L6B1	0.85	4:36:24 PM	4:35:34 PM	181 - 185	SILVERCREST DR	Foot	2	53	160.01	84	2777	114	3627	850	2550	5327	0	
019_PM	38	CODE	N2L6B1	1.80	4:38:12 PM	4:36:24 PM	187 - 195	SILVERCREST DR	Foot	4	57	163.22	179	2956	242	3869	913	2739	5695	0	
019_PM	39	CODE	N2L6B1	1.80	4:40:00 PM	4:38:12 PM	194 - 186	SILVERCREST DR	Foot	4	61	166.42	178	3134	242	4111	977	2931	6065	0	
019_PM	40	Deadhead	From N2L6B1 CODE // I	9.37	4:49:22 PM	4:40:00 PM															
019_PM	41	RETVEH	Return to vehicle / Retour au véhicule		4:49:22 PM	4:49:22 PM															
019_PM	42	Transp. In	From RETVEH in 019_PI	10.36	4:59:44 PM	4:49:22 PM															
019_PM	43	FUELESSC	Refuel Time / Temps po	1.40	5:01:08 PM	4:59:44 PM															
019_PM	44	ULOADDCH	Unload / Déchargemen	5.83	5:06:58 PM	5:01:08 PM															
019_PM	45	DISPOSE	Dispose / Disposer	1.63	5:08:36 PM	5:06:58 PM															
019_PM	46	DOWR/TPI	Duties own route/Trava	8.55	5:17:09 PM	5:08:36 PM															
019_PM	47	ACCOM	Delivery Accomm. / Acc	0.00	5:17:09 PM	5:17:09 PM															
019_PM	48	DEPOTRET	Depot Drop / Retour au Depot		5:17:09 PM	5:17:09 PM															
019_PM	49	NM_Prep	Neighbourhood Mail/ C	10.71	5:27:51 PM	5:17:09 PM															